

## 2024 Wellness Statement

**IMPORTANT:** Use this form if you plan to have your primary care provider indicate that you are in compliance with the required preventive screenings to participate in the Fox Valley Tool & Die wellness program.

### SECTION 1. – TO BE COMPLETED BY HEALTH PLAN PARTICIPANT

→ **Step 1:** Please complete all information below:

Employee Name: \_\_\_\_\_ Email: \_\_\_\_\_ Employee No: \_\_\_\_\_  
(Employee that carries plan coverage) (please print)

Participant Name: \_\_\_\_\_  
(Either Employee or Spouse) (please print)

I am a (check one box):  Employee  Spouse Participant

→ **Step 2:** Participant Authorization

I am participating in the Fox Valley Tool & Die Wellness Program and hereby authorize my dentist/primary care provider's office to complete this document on my behalf in order to receive FVTD's wellness benefit for 2025. **I also acknowledge that it is my responsibility to ensure my Wellness Statement is completed by my Provider's office and is received by HR by 11/30/2024.**

**\*\*If there is an extenuating circumstance that requires your physical or teeth cleaning in December of 2024, please talk to HR to give them advance notice your form will be late. Please sign and date below, and continue to Step 3.**

→ **Step 3:** Forward or bring this form to your dentist/primary care provider's office for completion. **No appointment is needed if you are up-to-date with the preventive screenings in Section 2 below.** Form may also be completed by an OB-GYN or other specialist.

- **Please request and keep a copy** of your completed Wellness Statement for your records.
- **You are responsible to ensure your Wellness Statement is completed by your Provider's office and is received by November 30, 2024.**

### SECTION 2. – TO BE COMPLETED BY DENTIST/PRIMARY CARE PROVIDER'S OFFICE

→ Please fill out to indicate participant achievement:

**Physical Exam(s):** *Annually for all men and women*

Signature of Provider's Designee:

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_  
(please print)

**Dental Exam/Cleaning:** *One annual dental cleaning and exam*

Signature of Provider's Designee:

Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_  
(please print)

Office use only:

Date received: \_\_\_\_\_ Initials \_\_\_\_\_

**Form may be faxed to 920-766-9135, attention HR**